

SLO Coaster

Promoting safe and legal bicycle riding for recreation and transportation

President's Message

by Robert Fuller Davis

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THIS MONTH'S IMPORTANT DATES AND PRESENTATION

Our 2012 Lighthouse Ride is changing. You may have noticed the past two years that we have struggled to get through Morro Bay. That is because Caltrans no longer wants our event participants to cross the weaving ramps of Hwy. 1 at Atascadero Road nor the on and off ramps at South Bay.

Bruce Collier came up with the idea of starting the ride at Morro Bay High School to avoid those areas and Larry Rutter, Ride Chair, decided to explore possibilities.

Principal Dan Andrus is all in favor of hosting the event and Judy Irons of the Booster Club looks forward to cooking a post-ride meal on campus.

Mayor Yates said he will help in any way he can and the Tourism District is working on getting motel discounts for riders.

We face a few challenges. One is parking. The school has about 550 spaces so we will encourage people to carpool or to start riding from their motel rooms.



Passing the lighthouse in 2006

The Friday night before the ride is a home game with rival San Luis Obispo High so we will need to close pre-registration at 6:00 instead of 7:00.

Another challenge is how to get 100 miles without sending people north to the county line. We are reluctant to go beyond Cappuccino Cove on Hwy. 1 because the shoulder disappears after you pass Arroyo de la Cruz. Riding without a shoulder is unsafe for cycling groups and SAG drivers have no place to park.

We will send the 100-mile riders up Hwy. 46 and back. We are checking now to find a safe place to set up a rest stop and turnaround point.

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SLO Coaster

Editor: Tim Long

The SLO Coaster is the monthly newsletter of the San Luis Obispo Bicycle Club. It is distributed to members, local bicycle shops and some bicycle organizations. Subscriptions are not available to nonmembers.

All articles, letters, stories of bicycling experiences, appropriate classified ads, artwork etc, are welcome.

The editor reserves the right to edit or reject material.

Each article is the opinion of its author and does not necessarily represent the opinion or endorsement of the SLOBBC or the editor.

An online version of the newsletter is produced, so indicate any submitted material that you do not want to appear in the online edition.

Submittal Guidelines

All materials are due no later than 8:00 a.m. on the 15th of each month. Nothing will be accepted verbally. All materials should be emailed to **Tim Long** at newsletter-editor@slobc.org. Complete submittal guidelines are found on the club website. www.slobc.org/resources/support/newsletter-guidelines.html



SLOBBC Meetings

Monthly Meetings

Board of Directors Meeting: Tuesday before the General Meeting (5:00 PM)

Location: Air Pollution Control District meeting room, 3433 Roberto Court (SLO). All Club members are welcome to attend Board meetings.

General Membership Meeting: First Thursday (7:00 PM)

Location: County Library, 995 Palm, downtown San Luis Obispo. Refreshments are served starting at 7:00 p.m., Meeting begins at 7:15 p.m. June and December meetings differ.

Contact Information

San Luis Obispo Bicycle Club, Inc.

P.O. Box 1585

San Luis Obispo, CA 93406

Club Hotline Answering Machine: 805.543.5973

Website: www.slobc.org Email: info@slobc.org

Members only site: <http://www.slobc.net/membership>

Board of Directors

President	Robert Fuller Davis	president@slobc.org	805.772.0874
Vice President	Tom Roberts	vice-president@slobc.org	
Treasurer	Chris Broome	treasurer@slobc.org	805.772.5900
Secretary	Craig Armstrong	secretary@slobc.org	
Ride Coordinator	Will Benedict	ride-coordinator@slobc.org	805.544.3504
Membership Director	Robert Lindquist	membership@slobc.org	805.441.7063
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Historian	Martin Howell	historian@slobc.org	
Newsletter Editor	Tim Long	newsletter-editor@slobc.org	
Safety Director	Ken Price	safety@slobc.org	805.489.9779
Director-at-Large	Kathleen McHugh	at-large@slobc.org	805.528.6686
Past President	Frank Mullin	past-president@slobc.org	

**Minutes of the San Luis Obispo Bicycle Club Board Meeting
Air Pollution Control District Auditorium**

3433 Roberto Court, San Luis Obispo CA
Tuesday, November 29, 2011 5 p.m.

submitted by Craig Armstrong

Board members present: Robert Fuller Davis, Tom Roberts, Craig Armstrong, Chris Broome, Janie Goldenberg, Jeff Kahn, Bob Lindquist, Tim Long, Sandy Pitt, Ken Price, and Dale Sutliff. A quorum being present, the meeting was convened.

Guests present were Will Benedict and Martin Howell.

The minutes of the November 1, 2011 meeting were approved (MSC: Goldenberg/Pitt).

President Davis noted that the following correspondence had been received: notification from the Cal Poly Wheelmen regarding the four students awarded scholarships, a thank you from Lupita Ayon for her Shandon scholarship, and a report from Gary Havas and Michael Gille on their attendance at the Shandon High School Thanksgiving dinner.

Chris Broome reported that as of November 29 club assets totaled \$180,827. Chris will follow-up on three budgeted contributions which have not yet been paid.

Jeff Kahn reported on arrangements for the ride leaders' dinner scheduled for March. The dinner will be preceded by a ride leaders' educational session to be presented by Dan Rivoire. To encourage members to participate as ride leaders, individuals leading 10 rides will receive an incentive.

The Board declared that all individuals volunteering for club activities will be covered by the club's liability insurance in 2012 (MSC:Roberts/Kahn).

The Board discussed a capital projects funding policy, and after discussion, the following policy was adopted (MSC:Kahn/Price):

Funds for club sponsored capital projects will be segregated in a separate account; the account will be managed by the club's Treasurer at the direction of the Board.

The purpose of the capital projects account is to maintain funds for capital improvement projects which the Board

determines worthy of funding, in full or in part, for the benefit of the bicycling community of San Luis Obispo County.

Standards to qualify for consideration include the following:

- The project contributes to improving bicycle use and/or safety.
- The project creates or expands a bicycling opportunity.
- The project promotes increased bicycle use.
- The project meets a high priority need of bicycle supporting organization(s).
- The project will leverage funds to assure its accomplishment.
- The project will focus on bicycle improvements on the ground.
- The project enhances bike club visibility in the community.

An ad hoc committee will be formed to evaluate each project proposal/request. At least two committee members must be Board members. The committee will recommend to the Board the scope of the project, the duration and amount of funding, and any required actions to be taken for the project. The Board will then vote to approve, disapprove, or modify the recommendation made by the committee.

The Board then discussed adopting a policy regarding the use of artwork on jerseys, patches, and t-shirts for the public rides sponsored by the club. After brief discussion, the following policy was adopted (MSC:Kahn/Roberts):

Reasonable efforts shall be made to have the essence of the artwork used on jerseys for public rides incorporated as the central feature of the artwork used on the patches and t-shirts for that ride.

President Davis noted that it would be appropriate to review current club policies and clean them up (combine, reduce, re-organize, etc). Craig Armstrong volunteered to draft an updated set of policies which would then be reviewed and edited by President Davis and then submitted to Board members for final comments and approval.

Sandy Pitt noted the potluck scheduled for December 1st.

President Davis announced that the annual joint dinner of the old and new Boards would be at California Pizza Kitchen on January 3rd. He also announced that the 2012 Lighthouse would start at Morro Bay High School on September 29; a planning meeting to discuss proposed routes and other ride details is scheduled for December 6th.

The meeting was adjourned at approximately 5:45 PM.

**MINUTES OF THE SAN LUIS OBISPO
BICYCLE CLUB GENERAL MEETING**
THE MONDAY CLUB
1815 Monterey Street, San Luis Obispo CA
Thursday, December 1, 2011 6:00 p.m.

submitted by Craig Armstrong

President Davis called the meeting to order at 6:05 PM.

President Davis thanked Pam Zirion and Kathleen McHugh for serving as greeters and Kathy Cohon for providing coffee.

The minutes of the November 3, 2011 meeting were approved.

President Davis noted that the club had received the following correspondence: notification from the Cal Poly Wheelmen regarding the four students awarded scholarships, a thank you from Lupita Ayon for her Shandon scholarship, and a report from Gary Havas and Michael Gille on their attendance at the Shandon High School Thanksgiving dinner.

Chris Broome reported that the club's assets totaled \$180,827 comprised of \$79,925 in the operating account, \$40,000 in the capital projects reserve, and \$60,902 in the general reserve account.

Ken Price reminded members to advise him of any safety problems needing follow-up.

Jeff Kahn reminded members of the New Years Day ride from Shamel Park in Cambria. He noted that the ride leaders' dinner would be held in Morro Bay in March and that the dinner would be preceded by a ride leaders' educational forum.

Dale Sutliff advised members to send him emails concerning any unmet bicycling needs as soon as possible.

President Davis confirmed that all individuals volunteering for club activities would be covered by the club's liability insurance policy in 2012.

President Davis noted that the budget for 2012 had been published in the SLO Coaster and asked if

there were any questions or comments regarding the budget. The budget was approved by the attendees (MSC:Mullin/Kahn).

President Davis expressed the club's appreciation for the contributions made by the following club members during 2011: Gail Davis & Gail Vanderlinde (Sunshine), Rita Colonell (club listservs), Mike Balster (PenEar), Stu and Janie Goldenberg (club telephone line), Frank Mullin (website and event registration), and Norm Brown (club trailer). The following members were recognized for serving as either ride chairs or volunteer coordinators for the club's century rides: Dave Abrecht, Tim Long, Larry Rutter, Ernest Cole, Gary Havas, and Mark Lyon. The following members were recognized for providing ride leadership and coordination: Larry Bradford, George DiMundo, Mike Duffy, John Kaiser, Kevin Matherly, Bill McBride, Tom Parsons, Ben Patrick, Monica Robinson, Russ Robinson, John Sasaki, Glenn and Gail Vanderlinde, Bill and Patti Van Orden, Arlene Wynn, Jacque Wheeler, Stu and Janie Goldenberg, and Sharon Sutliff. Ron and Kathy Starkey received special mention for committing to lead a ride every Saturday during 2011.

Presidents Awards were presented to Janie Goldenberg for over 30 years of service to the club including serving as a board member, lunch stop captain, and club historian and to Will Benedict for his efforts establishing two new positions--Clothing Coordinator and Logistics Director (which combined various century ride functions under one position) and establishing a jersey design process.

Frank Mullin reported on the results of the club election—all candidates were elected and the change to the bylaws was approved.

Gil and Sandy Pitt presented a short program featuring international television ads.

The meeting was adjourned at approximately 7:50 PM.

Membership Report for January 2012

by Bob Lindquist

ARE YOU STILL A MEMBER OF SLOBC ??

Your expiration date is listed:

- (1) first line of the address label, printed version of the monthly SLO Coaster
- (2) in your membership file on the SLOBC website.

TO RENEW: \$15/year single, \$22/year family (2 or more)

(1) ONLINE at the SLOBC website (www.slobc.org). Log into the "Members Only" site (password required) to update your information and pay either electronically (PayPal) or send check to: SLOBC c/o Bob Lindquist, 925 Bassi Dr., San Luis Obispo, CA 93405

(2) PRINTED FORMS – available at:

- Club meetings
- Print form from the SLOBC website: <http://www.slobc.org/membership/support/membership-form.html>
- Or contact me for a printed form: mlindquist1@mac.com (441-7063).

**NOTE: I WILL BE TRAVELING DURING PART OF JANUARY, AND WILL PROCESS AND ACTIVATE MEMBERSHIPS/CHECKS MAILED TO ME WHEN I CAN.
THANKS FOR YOUR PATIENCE.**

MEMBERSHIP:

Total number of members (as of 12/10): 635
 Club Publications for Memberships:
 SLO Coaster: Email: 285 (67%) Paper: 138 (33%)
 Annual Directory: Email: 197 (48%) Paper: 211 (52%)

Note: Some memberships receive only one publication and some no publications or both.

FORGOT YOUR USERNAME/PASSWORD?

- (1) Go to our public website: www.slobc.org
- (2) Under the MEMBERS ONLY site select "Log in"
- (3) Choose "Send Username" tab
- (4) Enter your MEMBER NAME and select "Send"
- (5) Your USERNAME and PASSWORD will be sent your email address (the one that you have listed in your membership file).

President's Message continued from page 1

A new route will require new rest stop locations. We are looking at Harmony, Exotic Gardens, San Simeon Village, Hearst State Beach, Villa Creek and Cap Cove. Shamel will probably transform from a lunch stop to a rest stop. We want to put lunch nearer the halfway point and we're still working that out.

Larry has assembled an expert team to plan the event and to work on the challenging details—Bruce Collier, Will Benedict, Ken Price, Chris Broome, Frank Mullin, Dave Abrecht and myself. Rest stop and lunch stop captains are also being consulted for their input.

We are excited about doing something new that we think will improve the ride in many ways and will be safer for our participants. It is a work in progress and will be for some months as we research and bring things together.

So be prepared for new situations and new opportunities to excel when we launch our 2012 Lighthouse. It will be fun.



Hardie Park rest stop and the queen - 2008

Ride Details

Current Ride Information

Information on all Club rides including more detailed ride descriptions and any updates to the Ride Calendar can be found on the club web site www.slobc.org under Ride Calendar.

Submitting Ride Information

Submit ride information to both Jeff Kahn and Frank Mullin to ensure the newsletter's Ride Calendar and web site are accurate.

Submit any ride changes to Frank Mullin. This will ensure that the most current ride information can always be found under Ride Calendar at www.slobc.org.

Safe Riding

All cyclists taking part in club rides are expected to contribute to the ride's safety and enjoyment. You can find Safe Cycling Practices and SLOBC Club Ride Best Practices under Safety at www.slobc.org.

Scheduled club rides include both Fixed (*Fixed starting location and time*) and **Variable** (*Variable starting location and time*) events.

Fixed Rides (Rain Cancels)

Sunday (9:00 AM) - Arroyo Grande Sunday Ride (B-2).

Andreini's (AG). The length is about 35 miles. If you are riding from SLO, contact me (frankmullin@charter.net) to see if we can join up. Two popular destinations are Poly Village (SLO) and the Trilog (Nipomo). Led by Frank Mullin (602-2058).

Sunday (8:30 AM) - Sunday Baywood / Los Osos Ride (B-2).

Show & Go from Nazarene Church (BP). Casual pace to coffee shop in Cayucos with possibility of doing an additional creek based on mutual agreement. Contact person: Jack Robison 772-7748.

Monday (10:00 AM) - Atascadero Breakers (C-4).

Atascadero Zoo. Distance: 35-40 miles. Destinations: Templeton, Santa Margarita, Atascadero, Paso Robles and San Miguel for mid-ride coffee stops. Route sheets and maps distributed via email prior to each ride. Contact leader to get on email distribution. Led by Kevin Matherly (matherlykevin@hotmail.com).

Monday (10:00 AM) - Atascadero Scramblers (B-3).

Atascadero Zoo. Distance: about 35 miles. Destinations: Santa Margarita, Atascadero and Templeton for the mid-ride coffee stop. Route sheets / maps distributed via email prior to each ride, none available at the ride start. (See email group page for instructions on joining email groups.) Led by Glenn & Gail Vanderlinde (ggvanderlinde@yahoo.com).

Monday (9:00 AM) - Breakaways Mondays (D-3).

Damon Garcia Sports Field. Led by Russ Robinson (781-0903).

Monday (9:00 AM) - Yellowjackets SLO Rides (B-2).

Ben's House (SLO). Ride supports one riding group (pace, 12-14 MPH) to various destinations. Be on time because the rides leave at the scheduled time. Led by Ben Patrick (543-2803).

Tuesday (8:30 AM) - Baywood Vacillators (B-2/3).

Show & Go from Nazarene Church (BP). Group decides on a coffee shop destination in San Luis Obispo or Avila Beach by mutual agreement. Ride normally breaks into a faster and slower group. Contact person: Marina Michel 528-1732.

Wednesday (10:00 AM) - Templeton Breakers (C-4).

Templeton Park. Distance: 35-40 miles. Destinations: Templeton, Santa Margarita, Atascadero, Paso Robles and San Miguel for mid-ride coffee stops. Route sheets and maps distributed via email prior to each ride. Contact leader to get on email distribution. Led by George DiMundo (gdimundo47@yahoo.com).

Wednesday (10:00 AM) - Templeton Scramblers (B-2).

Templeton Park. Distance: about 35 miles. Destinations: Santa Margarita, Atascadero and Templeton for the mid-ride coffee stop. Route sheets / maps distributed via email prior to each ride, none available at the ride start. (See email group page for instructions on joining email groups.) Led by Patti & Bill VanOrden (pvanorden@charter.net).

Thursday (8:30 AM) - Baywood / Los Osos Ride (B-2).

Show & Go from Nazarene Church (BP). Casual pace to coffee shop in Cayucos with possibility of doing an additional creek based on mutual agreement. Contact person: Jerry Lundstrom 528-1069.

Friday (9:00 AM) - Breakaways Fridays (D-3).

Bandstand (AG). Led by Larry Bradford (474-8764).

Friday (10:00 AM) - Paso Robles Breakers (C-4).

Marriot Courtyard Hotel. Distance: 35-40 miles. Destinations: Templeton, Santa Margarita, Atascadero, Paso Robles and San Miguel for mid-ride coffee stops. Route sheets and maps distributed via email prior to each ride. Contact leader to get on email distribution. Led by Bill McBride (bandjmcbride@verizon.net).

Friday (10:00 AM) - Paso Robles Scramblers (B-2).

Marriot Courtyard Hotel. Distance: about 35 miles. Destinations: Santa Margarita, Atascadero and Templeton for the mid-ride coffee stop. Route sheets / maps distributed via email prior to each ride, none available at the ride start. (See email group page for instructions on joining email groups.) Led by Monica Robinson (mrobi52@gmail.com).

Friday (9:00 AM) - Yellowjackets SLO Rides (B-2).

Ben's House (SLO). Ride supports one riding group (pace, 12-14 MPH) to various destinations. Be on time because the rides leave at the scheduled time. Led by Ben Patrick (543-2803).

Saturday (9:00 AM) - Huasna Valley Ride (C-2).

Sixteenth Street Park (GB). Ride to Huasna and back, about 40 miles and 1700 feet of climbing. Led by Long Nguyen (481-1688).

Saturday (10:00 AM) - King City Hillbillies (B-3/4).

Starbucks (King City). Distances 30 to 50 miles. Destinations: Mountains to left of us, mountains to the right of us, or runs down the valley to San Ardo and other cultural attractions. Water and snacks are available at Starbucks. Led by Chuck Krause or Ralph Lee (ralphlee@redshift.com).

Saturday (8:00 AM) - Slabtown Rollers (C-4).

Sotheby's Realty (Cambria). Variable itinerary, call for details. Led by Tom Parsons (927-5514).

Saturday (9:00 AM) - SLO Velo (C-3).

The rides are designed for the intermediate rider who is comfortable riding a 15+ mph pace on 40 - 55 mile routes. The starting location on the first Saturday of each month will be variable. More information at web page.

Saturday (10:00 AM) - Wanderers (B-3).

Pace will be moderate and distance 30 to 40 miles. The starting location will vary from week to week. The routes will be primarily outside of the north county area and different than the routes normally ridden by Ramblers and Scramblers. The terrain will be varied. As we are always looking for new routes, we are eager for your suggestions! Contact the ride leader to find out the starting location. Led by John Kaiser (johnncarol@sbcglobal.net).

Variable Rides (Rain Cancels)

Be sure to check our website (www.slobc.org) for late changes to these rides

Wednesday (9:00 AM) - Flyers (D-3).

These rides are tailored for people wanting faster paced rides with some pace line riding.

- 4 Bob Jones Trail Head. Led by Steve Vines (202-8114).
- 11 Bandstand (AG). Led by Russ Robinson (781-0903).
- 18 Santa Margarita Park. Led by Glenn Vanderlinde (466-4221). **Starts at 10:00 AM.**
- 25 French Park (SLO). Led by Bill Goodger (782-9197).

Wednesday (9:00 AM) - Frequent Feeders (B-2).

This a a social group which rides at a moderate pace with regular regroupings and a very social coffee break midway through the ride.

- 4 Gazebo (AG). Led by Roger Heathcote (929-8918).
- 11 French Park (SLO). Led by Willi Zilkey (542-0638).
- 18 Food4Less (SLO). Led by Harvey Cohon (594-1249).
- 25 State Park Marina (MB). Led by Dave & Debbie Abrecht (528-2571).

Wednesday (9:00 AM) - SLO Pokes (A-2).

These rides are tailored for riders wanting to average no more than 12 miles per hour.

- 4 Throop Park (SLO). Led by Martin Howell (544-5389).
- 11 Meadow Park (SLO). Led by Sharon & Dale Sutliff (544-4034).
- 18 Bandstand (AG). Ride to Nipomo. Led by Bob Young (489-4755).
- 25 South Bay Community Park (LO). Ride the Bike Path to nowhere (#27) Led by Bob Tuman (978-621-1417).

Friday (9:00 AM) - Tortoises (A-1).

This group is intended for people that just want to get out for a short, easy, slow ride. We will ride about 10 to 15 miles and average 10 miles per hour. We will also try to minimize hill climbing. A coffee stop is included.

- 6 Hostel Obispo (SLO). Tour of all the places Elaine has lived in San Luis Obispo. Breakfast available prior to the ride at the Hostel. Time for breakfast is not yet determined. Led by Elaine Simer (544-4678).

13 Tidelands Park (MB). Ride to Carlocks. Potluck afterwards at Tuman home in Morro Bay. Led by Bob Tuman (978-621-1417).

20 Dinosaur Caves Park (SB). Ride toward Grover Beach. There is a possible conflict with road construction. Led by Bruce Collier (543-9514).

27 Hardie Park (Cayucos). Ride to Toro Creek. Led by Patricia and Hans-Henning Boerst (534-9660).

Sunday, January 1 (9:00 AM) - New Year's Day Ride (B-2).

Shamel Park (Cambria). Shamel Park (Cambria). Join us for our annual club ride to the Ragged Point Inn. The pace will be modest; no one left behind. Led by Jeff Kahn (559-824-8309).

Sunday, January 1 (9:00 AM) - New Year's Tortoise Ride (A-1).

Goldenbergs' House. Join the Third Annual New Year's Day Tortoise Ride which will conclude with a potluck lunch (with soup, utensils, and drinks provided). Bring something to share. Even if you aren't an Official Tortoise, join us for a casual 15 mile ride, with a coffee stop in the middle. RSVP (544-4720 or sgoldenb@calpoly.edu or when you see us) so that we know how much soup to make. If it rains, we will take a walk and then have lunch. Led by Stu & Janie Goldenberg (544-4720).

Pace	Description	Terrain	Description
AA Very Slow	Less than 10 mph. Regroups often. Waits for slowest rider.	1	Generally Flat
A Slow	9 to 12 mph average. Regroups occasionally. (SLO Pokes)	2	Easy Grades Some Hills
B Moderate	12 to 15 mph average. Regroups every 30 minutes. Waits for slower riders. (Frequent Feeders)	3	Rolling Hills (North County Hills - Peachy Cyn)
C Brisk	14 to 17 mph average. Regroups every 30-45 minutes. Waits for slower riders (Flyers)	4	Hard Hills (Hwy. 46 - coast to Paso Robles)
D Fast	Averages over 16 mph. Requires experienced riders and pace line riding. (Tuesday Night Rides)	5	Very Challenging Hills

Ride Coordinator's Report

By Will Benedict

I look forward to being your 2012 Ride Coordinator. My goal is to support the existing rides and add other opportunities for club members to ride together.

Jeff Kahn, our outgoing Ride Coordinator, will lead our traditional *New Years Day ride from Shamel Park* in Cambria to Ragged Point and back. The ride falls on Sunday this year and we will leave Shamel at 9:00 a.m. Beads will be handed out before the ride and coffee will be available at Shamel Park until it runs out. There is a no-host lunch after the ride at the Main Street Grill in Cambria for those choosing to participate. Thanks Jeff for being our 2011 Ride Coordinator.

Wandering With Will

Over the past two years I have lead the WWW ride on the Saturday following our monthly meeting and will continue to do so in the coming year. The rides have followed some of the club's favorite routes with the goal of getting out into the countryside at a leisurely pace. I would welcome suggestions for routes that you would like included over the coming year.

If you are interested in receiving my reminder email, send an email to willbenedict@me.com and asked to be added to the WWW email list.

March 3rd: Kings River Blossom Ride, Reedley, CA

Over the years SLOBC members have enjoyed doing this ride together. It is a great early season ride and I invite you to join me this year. Registration will open soon at <http://www.blossombikeride.com/>. Send me an email if you want to be included in the planning.

March 26/27/28?: Spreckels/King City/San Miguel/Home

In October, seven club members did a version of this ride and I want to do version 2 this spring when the countryside is green. The ride will be supported and we will stay in motels and eat in restaurants. Send me an email if you want to be included in the planning.

May 7th: Wine Country Century, Santa Rosa, CA

Dave Albrecht organized our participation in this ride last year. It is a beautiful route and very well organized. Registration will open the first of February at <http://srcc.memberlodge.com/WCC>. Send me an email if you want to be included in the planning.

October: Greenfield to Carmel Indulgence Ride

My plan is to do this traditional Indulgence Ride this year. Let me know if there are things that might influence the specific date.

Ride Leaders Dinner

Join us at the Inn at Morro Bay for the Ride Leaders Dinner on Saturday night, March 24, 2012, at 6:00 p.m.

Dinner will start promptly at 6:00 p.m. for those who attend the Ride Leaders Educational and Update Forum that will be held at the Cayucos Room at the Inn at Morro Bay immediately preceding the Ride Leaders dinner. The Forum will start at 5:30, and those who attend will be ushered directly into the buffet line at the conclusion. Dinner for all others will follow the freshly invigorated ride leaders in the buffet line.

Emails have been sent out to all those who qualify. Please contact Jeff or Will Benedict if you wish to attend by February 24, 2012. If you believe you qualify and have not been notified, please contact Jeff Kahn to confirm. Those who do not qualify for the Dinner based upon their participation as ride leader may attend the dinner for \$40. Please send your check to Will Benedict no later than February 24, 2012. If you are not signed up, we will not have food for you. Sorry, but we need to confirm our numbers by February 24.

In addition, Inn at Morro Bay has offered SLOBC members the opportunity to spend the night for the reduced price of \$119 per night, and that rate may be extended 3 days before and/or after March 24. The Inn has recently changed hands and is currently undergoing an extensive renovation. I think anyone who opts to take advantage of the rate will be pleased as the Inn sees this as an opportunity to "strut their stuff" as they refresh the image of the Inn. Please remember, reservation must be made no later than February 24 to qualify for the rate, and rooms may sell out before then. So hurry up and make your reservation.

Remember, there is always a ride starting in Los Osos, a mile or so away, at 9 a.m. on Sunday east of the intersection of South Bay Boulevard and Santa Ysabel Street; and all are welcomed. We are also planning a special ride on Saturday the 24th as a dinner appetizer.

It's a new year of cycling and perhaps we should all make a resolution to ride safely as well as vowing to burn more calories by putting in those extra miles. These safe cycling practices, SLOBC club ride best practices and other safety tips can be found at (<http://www.slobc.org/safety/index.html>).

Safe Cycling Practices

How we behave as cyclists is directly related to our safety. The following practices will contribute to rider safety both individually and when riding in groups.

1. Ride in bike lanes when available
 - Move into the road when the bike lane contains hazards
 - Move into the road to past other bikes when vehicles are not present
 - Ride two abreast if desired when bike lane width permits
2. Ride as far to the right on roads as practicable
 - Ride on a road's shoulder when adequately wide and safe
 - Ride two abreast if desired when the shoulder width permits
 - Move left as required to avoid hazards
 - Move left to safely pass another vehicle/bicycle
 - Take the lane when it would be dangerous to be passed
 - Take the lane to make a left turn
 - Move left to avoid a right turn conflict
 - Take the lane as desired if you are moving at the normal speed of traffic
 - Ride two abreast if desired on roads with light or intermittent traffic
3. Call out approaching vehicles: "Car Up;" "Car Back"
 - Move right as practicable to permit vehicles to pass
 - Move into single file to permit vehicles to pass
 - Left rider accelerates and right rider makes room when moving into single file
4. Point out road hazards
 - Repeat hazard signals you receive for riders behind you
5. Signal your intentions visually and verbally
 - Hand signal and call out "Slowing" or "Stopping"
 - Hand signal and call out "Turning"
6. Pass other bicycles on the left and call it out: "On Your Left"
7. Leave the road completely when stopping to re-group or make repairs
8. Ride defensively: Be Visible, Alert, Assertive and Predictable
 - Wear bright or light colors and use lights when warranted
 - Know the location of nearby riders and vehicles
 - Create enough space between yourself and other riders so you can evade sudden danger
 - Be responsible for your own personal safety — do not blindly follow
9. Obey traffic laws — Bicycles are legal vehicles
 - Always honor right-of-ways at intersections
10. Be courteous at all times and acknowledge courteous behavior
11. Encourage others to follow safe cycling practices

The Aerodynamic Helmet

by *Stu Goldenberg*

I readily admit that you must watch some television in order to appreciate the adjacent comic. Both Janie and I have had the same vision after cycling behind Alyce and Chris Broome. They both ride recumbent bicycles. Occasionally, when the shoulder or bicycle lane is wide enough for them to ride safely next to each other they may do so.

Now for the connection, which you may have already gotten. There have been numerous advertisements on television for a particular product (see name in comic) in which the man and woman touch each other's hands and look at each other either in a sign of affection or disdain. Next the announcer talks, and tries to imply what the product is to do, but never actually says it. In the final scene, it becomes clear. Every one of their commercials ends with the two of them sitting in separate bath tubs (what fun is that) outside somewhere.



Advocate Report

by *Dave Abrecht*

Thank you for the opportunity to serve as the club's Bicycle Advocate in 2012.

To begin, I would like to thank **Dale Sutliff** for all of his hard work the last four years. Dale established a solid rapport with city and county officials and members of local organizations that have a commitment to promote cycling in San Luis Obispo County. He has been the face of the club in this area and leaves some big shoes to fill.

One of my responsibilities as the Advocate is to keep club members informed about legislative and community issues related to cycling. Last September, federal funding for a category called Transportation Enhancements came under fire in Congress. Transportation Enhancements have been a component of federal transportation funding for years and comprise about two percent of the total transportation budget. The funds are used for bike paths, pedestrian walkways, streetscaping, historic preservation and other similar projects all over the country. (Think about the Bob Jones Trail, pedestrian boardwalks, trails and other bike / pedestrian projects in SLO County as a local reference point)

Thanks to a concerted effort by many national cycling and pedestrian advocacy groups and calls from tens of thousands of bike riders and walkers around the country, the funding was spared. However, Congress passed just a six month extension of the transportation bill so this issue will come up again in early 2012. I will make every effort to keep club members informed on this critical issue and offer ways your voice can be heard.

Third Annual New Year's Day Tortoise Ride

Janie and Stu Goldenberg

On January 1, 2012, we are hosting the Third Annual New Year's Day Tortoise Ride. The ride will begin and end at our home, concluding with a potluck lunch. We will provide soup, utensils, and drinks. Bring something to share. Even if you aren't an "Official Tortoise", join us for a



casual 15 mile ride, with a coffee stop in the middle. RSVP (544-4720 or sgoldenb@calpoly.edu or when you see us) so that we know how much soup to make. If it rains, we will take a walk and then have lunch. Join us at 9:30 a.m.

2012 Board Election Results

Office	Candidate	Votes
President	Robert Davis	115
	None	3
	Dale Sutliff	1
	Gail Davis	1
	Russ Robinson	1
Vice-President	Tom Roberts	116
	None	4
	Marti Roberts	1
Treasurer	Chris Broome	118
	None	3
Secretary	Craig Armstrong	117
	None	4
Ride Coordinator	William Benedict	114
	None	6
	Frank Mullin	1
Membership Coordinator	Robert Lindquist	117
	None	4
Advocate	David Abrecht	118
	None	3
Historian	Martin Howell	116
	None	5
Newsletter Editor	Tim Long	118
	None	3
Safety	Kenneth Price	117
	None	4
Member At Large	Kathleen McHugh	114
	None	7

Ballot Item Results

Ballot Item	Choice	Votes
Article VII, Section D	Yes	116
	No	1
	None	4

(The purpose of this amendment is to resolve an ambiguity in the bylaws (there may be no tie, and yet no candidate may get a majority of the vote)

Amend Article VII, Section D to read: Officers shall be elected by a majority of the ballots received. In the event of a tie **no one candidate received a majority of the ballots received**, a run-off election **of the top two candidates** shall be conducted at the same annual meeting, with those current members in attendance authorized to cast a ballot.

San Luis Obispo Bicycle Club, Inc.
P.O. Box 1585
San Luis Obispo, CA 93406



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CALENDAR:

NEW YEAR'S DAY RIDES

January 1st, Check the ride calendar (page 7).

BOARD MEETING

January 3rd, 5:00 P.M.

GENERAL MEETING

January 5th, 7:00 P.M.

WILDFLOWER REGISTRATION

Sunday, January 8th at 12 noon.

January Meeting Presentation

A representative of Harris / May Injury Lawyers will make a 20 minute presentation on some of the legal issues surrounding bike safety.