

## **Weekly Rides (Rain Cancels)**

**Sunday (10:00 AM) - NC Brunch (B-2).** North County Brunch Ride. Meet at Vanderlinde's House (Atascadero). A different route each week of 20 to 40 miles. It may stop along the way for breakfast, or hold off until the end of the ride - depends upon the route. Led by Glenn & Gail Vanderlinde (466-4221).

**Sunday (8:30 AM) - BW/LO (B2).** Sunday Baywood / Los Osos Ride. Meet at Nazarene Church (BP). Casual pace to coffee shop in Cayuco and nobody gets left behind. Led by Jack Robison (528-3478).

**Sunday (9:00 AM) - Warriors (D-4).** Sunday Warriors. Show & Go from French Park (SLO). Distance 20-25 miles, with no big hills; this is a recovery ride from Saturday's effort.

**Monday (9:00 AM) - Breakaways (C-3).** Breakaways Mondays. The ride departs from Damon Garcia Sports Field and is led by Russ Robinson (781-0903).

**Monday (10:00 AM) - Easy (B-3).** Easy Riders. These rides start from various locations in the North County and go to various destinations. The ride is generally decided the day before the ride, so call then. Contact Corry & Gerard Van Boheemen (239-0481) for more information.

**Monday (9:00 AM) - Yellowjackets (B-2).** Yellowjackets SLO Rides. Meet at Ben's House (SLO). Ride supports one riding group (pace, 12-14 MPH) to various destinations. Be on time because the rides leave at the scheduled time. Led by Ben Patrick (543-2803).

**Tuesday (8:30 AM) - BW-LO Ride (B-2).** Baywood / Los Osos Ride. Meet at Nazarene Church (BP). Casual pace and nobody gets left behind. The route will go North, South or East to some coffee shop (the route and destination are selected by consensus). Led by Jerry Lundstrom (528-1069).

**Wednesday (10:00 AM) - Easy (B-3).** Easy Riders. See Monday Description.

**Wednesday (9:00 AM) - Flyers (C-3).** Ride starts at various locations and times.

- 5 The ride departs from Gazebo (AG) and is led by Mark Lyon (929-5998).
- 12 The ride departs from Santa Margarita Park and is led by Glenn Vanderlinde (466-4221).
- 19 The ride departs from Gazebo (AG) and is led by Larry Bradford (474-8764).
- 26 Show & Go from Gazebo (AG).

**Wednesday (9:00 AM) - Frequent Feeders (B-2).** Rides starts at various locations and times.

- 5 The ride departs from French Park (SLO) and is led by Wolf Eisen (786-4405).
- 12 Meet at State Park Marina (MB). Holiday lunch buffet at Joan's house after the ride! Led by Joan Petersen (772- 2604).
- 19 The ride departs from Laguna Lake Park (SLO) and is led by Jay Johnson (786-8651).
- 26 The ride departs from Gazebo (AG) and is led by Arlene Winn (781-9466).

**Wednesday (9:00 AM) - SLO Pokes (A-2).** These rides start at various locations and times. They are tailored for riders wanting to travel no more than 12 miles per hour.

- 5 Meet at Biddle Park (AG). Do the Biddle-Old Edna loop, about 23 miles. Led by Bob Lindquist (595-7686).
- 12 Show & Go from Laguna Lake Park (SLO).
- 19 Meet at Templeton Park. Tour of the Mudhole & Environs, about 20 miles. Led by George Birk (595-7124).
- 26 Show & Go from Bob Jones Trail Head.

**Thursday (8:30 AM) - BW-LO Ride (B-2).** Baywood / Los Osos Ride. See Tuesday Description.

**Friday (9:00 AM) - Breakaways (C-3).** Breakaways Fridays. The ride departs from Gazebo (AG) and is led by Russ Robinson (781-0903).

**Friday (9:00 AM) - Easy Friday (B-2).** Easy Riders Friday. Meet at Railroad Station (PR). Distance will be 25 to 45 miles. The route, depending upon participants, will include an alternate extended leg so that a faster (15+ MPH) group is accommodated. Both will rendezvous at the same coffee stop. Regroups as requested to rest - or as necessary to wait for riders. There will be weekly reminders / routes sent prior to each ride. Led by Mike Duffy (ridepaso@charter).

**Friday (9:00 AM) - Tortoises (A-1).** Tortoises Introduction Rides. This group is intended for people that just want to get out for a short, easy, slow ride. We will ride approximately 10 miles and average 10 miles per hour. We will also try to minimize hill climbing. A coffee stop is included.

- 7 Meet at Roger's Home. Explore the southeast neighborhoods of SLO. Lunch afterwards. Led by Pat & John Rogers (544-3018).
- 14 The ride departs from Hostel Obispo (SLO) at 8:00 a.m. and is led by Elaine Simer (544-4678). Breakfast.
- 21 The ride departs from Heilmann Park and is led by Alston Paff (462-8662). Lunch afterward
- 28 The ride departs from Goldenbergs House and is led by Stu & Janie Goldenberg (544-4720). Lunch afterward

**Friday (9:00 AM) - Yellowjackets (B-2).** Yellowjackets SLO Rides. See Monday Description.

**Saturday (8:00 AM) - Slabtown (C-4).** Slabtown Rollers. Meet at B&A Realty (Cambria). Variable itinerary, call for details. Led by Tom Parsons (927-5514).

**Saturday (9:00 AM) - Warriors (D-4).** Weekend Warriors. Meet at French Park (SLO). These rides will be 35-50 miles. They will average over 19 mph, require pace line riding skills and regroups about every 45 minutes. The destinations will differ and will depend on the riders and the weather. Led by Todd Fourdyce (481-6184).